



In the Diagnostic and Statistical Manual of Mental Disorders, fifth edition, text revision (DSM-5-TR), the example of attenuated delirium syndrome was changed to subsyndromal delirium.

Rationale for Change

The DSM-5 example of attenuated delirium syndrome did not reflect the accepted terminology in the field, which is “subsyndromal delirium.” Moreover, subsyndromal delirium, as used in the literature, is conceptualized as an intermediate condition that phenomenologically looks like full delirium, but its symptoms are at a lesser level of severity. Hence, in DSM-5-TR, the updated terminology, subsyndromal delirium, is used as an example for other specified delirium.

DSM is the manual used by clinicians and researchers to diagnose and classify mental disorders. The American Psychiatric Association (APA) will publish DSM-5-TR in 2022.

APA is a national medical specialty society whose more than 37,400 physician members specialize in the diagnosis, treatment, prevention, and research of mental illnesses, including substance use disorders. Visit the APA at www.psychiatry.org. For more information, please contact APA Communications at 202-459-9732 or press@psych.org.

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